



## Research, Further Reading and Non-Directive Play Therapy

While Non-Directive Play Therapy (also referred to as Child Centred Play Therapy) has become established in Australia only over the last 10 years with Masters courses now being offered at Deakin and Charles Darwin Universities, it has long been recognised as an effective psychological intervention in UK, USA, Canada and South Africa.

**Please find below some further reading.**

### Introductory:

Short, Jacki. (2015). Play therapy: Working creatively with children. *InPsych*, June, 18-19.

<https://www.psychology.org.au/inpsych/2015/june/short/>

### If you would like a bit more depth around how play therapy works

The website [Evidence-Based Child Therapy](#) is a sound resource for evidence based information on Play Therapy.

### Kerri has also published some research recently.

Salter, K., Beamish, W & Davies, M. (2016) The Effects of Child-Centered Play Therapy (CCPT) on the Social and Emotional Growth of Young Australian Children with Autism. *International Journal of Play Therapy*, 25, 2, 78-90. <https://www.apa.org/pubs/journals/features/pla-pla0000012.pdf>

### Recognised Professionals in the field

The following professionals are a sample of play therapy professionals who are recognised internationally from the UK, Canada and US. As well as the books listed, articles can be found online and further information on the authors web sites.

Axline, Virginia (1964). *Dibs in Search of Self*. New York: Ballantine Books.

Axline, Virginia (1947). *Play Therapy*. New York: Ballantine Books.

Bratton, S, Ray, D, Rhine, T & Jones, L. (2005). The Efficacy of Play Therapy with Children: A meta-analytic review of treatment outcomes. *Professional Psychology: Research and Practice* 36 (4), 376.

Guerney, L. and Ryan, V. (2013) *Group Filial Therapy: Training parents to conduct special play sessions with their own children*. London: Jessica Kingsley.

Landreth, G. (2002). *Play Therapy: The Art of the Relationship*. 2<sup>nd</sup> Edition. New York: Brunner Routledge.

Ryan, V and Wilson, K (2000/1996) *Case Studies in Non-directive Play Therapy*. London: Jessica Kingsley.

VanFleet, R, Sywulak, A, & Sniscak, C. (2010), *Child-Centered Play Therapy*. 1st Edition. New York: Gilford Press.

VanFleet, R. (2012). *A Parent's Handbook of Filial Therapy*, 2nd ed. Boiling Springs: Play Therapy Press.

Wilson, K, and Ryan, V. (2005) *Play therapy: A non-directive approach for children and adolescents*. 2nd Edition. London: Elsevier Science.

If you have any questions, please feel free to contact Kerri at [kidztimein@bigpond.com](mailto:kidztimein@bigpond.com)